

Cooking for Wellness

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Blackberry and Feta Watermelon Skewers

Yields: 10 skewers

Preparation Time: 10 minutes

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1 small seedless watermelon, cut into 1"

cubes

6 oz feta cheese, cut into 1" cubes

1 pint fresh blackberries Small wooden skewers



Instructions

- 1. Skewer 1 watermelon chunk, followed by 1 feta chunk, then 1 blackberry.
- 2. Place on serving platter and store in the fridge until ready to serve.